



HAIR EXTENSIONS

Aftercare Guide

YOUR HAIR EXTENSIONS AFTERCARE GUIDE

Maintaining hair extensions at home is crucial to ensure they look good and last as long as possible. Extensions require routine maintenance visits (usually every 4-6 weeks). Make sure you have the time to attend these sessions as regular maintenance will maintain the health of your natural hair. Proper care will help prevent tangling, breakage, and maintain the overall health of your natural hair. Here are some instructions for hair extensions home maintenance:

What to avoid:

- Tanning beds & sun UV rays can fade or discolor extensions, we advise wearing a sunhat in the sun and covering your hair with a towel if you use a sunbed to entirely avoid exposure to strong UV rays.
- Avoid any salt or chlorinated water or wear a swim cap in water whenever possible
- Coloring, bleaching, or otherwise altering your extensions can ruin your hair or at the very least drastically reduce its lifespan.

Detangle Daily:

- Use a boar bristle brush or a wide-tooth comb to **gently** detangle your hair extensions.
- Start from the ends and work your way up to the roots.
- Hold the hair at the roots while you brush to avoid putting excessive stress on the attachment points.
- Be gentle when handling your hair extensions. Avoid pulling or tugging on them, as this can damage your natural hair.

Washing your hair:

- Always use a sulfate-free and gentle shampoo. Avoid using products with harsh chemicals or smoothing benefits.
- Shampoo your hair extensions in a downward motion to prevent tangling.
- Apply conditioner to the mid-lengths and ends, avoiding the attachment points as this could cause them to slip out.
- Rinse thoroughly with lukewarm water.
- Gently pat your hair extensions with a towel to remove excess water. Avoid rubbing, as this can cause tangling.
- Allow your hair extensions to air dry whenever possible. If you need to use heat styling tools, use a heat protectant and set them to a lower temperature.

Styling:

- Avoid applying hair care products, especially oils and heavy serums, near the attachment points to prevent weakening the bonds.
- Follow the recommendations of your stylist or the manufacturer regarding the use of specific hair care products designed for extensions.

Sleeping:

- Detangle and braid your hair extensions or put them in a loose ponytail before going to bed to prevent tangling during the night.
- Use a silk or satin pillowcase, as it causes less friction on your hair and extensions.
- Never leave your extensions wet overnight